

Obstetric: Schedule for Care

The following is a general guideline of what to expect for visits throughout your pregnancy

First obstetrical visit: Between 7-10 weeks gestation

Important things during this period include:

- Transvaginal ultrasound to confirm your pregnancy and due date (you will need to undress for this ultrasound)
- Visit with advanced practice provider who will provide you with information about pregnancy and what to expect. She will perform a physical exam

After your initial visit, you come every 4 weeks for visits

*If you choose to do optional genetic screening, you may be asked to come sooner than 4 weeks from your first visit, it all depends on your gestational age at your first visit

Important things during this period include:

- Optional genetic screening-see handout for further information
- Possible hemoglobin
- Ultrasound at 20 weeks for fetal anatomy. You are now far enough along that this

After 28 weeks, you will be coming every 2 weeks for visits

Important things during this period include:

- 28 week gestational diabetes screening, hemoglobin, receive the TDAP vaccination (protects baby against pertussis, also known as whooping cough), and potentially receive a shot called Rhogam depending on your blood type
- 34 weeks you will complete a screening questionnaire for depression

After 36 weeks, you will be coming weekly for visits

Important things during this period include:

- 36 weeks you will have a vaginal/rectal swab completed for Group B Strep
- Please register at the hospital if you have not already done so. Can be completed on paper and mailed, or online (link can be found on our website)