



During your pregnancy, you will have many visits with the physicians and nurse practitioners. The primary physician of your choice will see you most often. However, you may feel it would be beneficial to see each of the other physicians in the group at least once. The doctors rotate call during the evenings and weekends and if you deliver during one of these times you will be delivered by the doctor on call.

**The following schedule is a general guideline for an uncomplicated pregnancy, which we hope is your experience. Appropriate changes will be made as needed.**

**At each visit you must give us a urine specimen.**

**This is an essential part of your visit and MUST be obtained prior to you being seen.**

<p><u>Weeks 8-10 with Nurse Practitioner:</u> Initial visit for confirmation of pregnancy. A transvaginal ultrasound will be done for dating and viability. A physical exam including a pap smear and assessment of uterine size and pelvic structure is performed. Information is given regarding prenatal classes, diet, nutrition, vitamins, and activity. Tests such as amniocentesis and triple screen may be discussed. Routine laboratory blood tests will be drawn including blood type, RH factor, rubella screen, RPR (test for syphilis), HIV screen, and Hepatitis-B screen.</p>	<p><u>Weeks 11-14 with M.D.:</u> If possible, schedule this appointment with your primary physician. Usual maternal and fetal assessments (i.e., weight, urine, uterine size/growth, and general health status) are evaluated. Confirmation of a fetal heartbeat by Doptone is done. Your due date is set and lab results from your previous visit are discussed.  The need for Level 2 U/S may be discussed.</p>	<p><u>Weeks 15-19 with M.D.:</u> Weight, urine, uterine size/growth, and general health status is evaluated.  Blood is drawn to test your hemoglobin and at your option you may also request the maternal serum screen test be draw  <u>Schedule your next appt. for an ultrasound. If you do not schedule this visit properly, an ultrasound may not be done at your next visit as additional time and equipment are required.</u></p>
<p><u>Weeks 18-21 with M.D.:</u> Usual maternal assessment. Ultrasound study for fetal assessment and confirmation of gestational age is performed.  <b><u>PLEASE SCHEDULE YOUR NEXT 3 APPOINTMENTS AT 4-WEEK INTERVALS</u></b></p>	<p><u>Weeks 22-26 with M.D.:</u> Usual fetal and maternal assessment.  Discuss gestational diabetes.  Register now for your birthing classes at the hospital.</p>	<p><u>Weeks 27-29 with Nurse Practitioner:</u> Usual fetal and maternal assessment. Prenatal classes, pre-term labor and its intervention are discussed. Blood drawn for the glucose test and hemoglobin.  <i>Mothers who are RH negative will have an antibody screen drawn and receive a Rhogam injection</i></p>
<p><u>Weeks 30 with M.D.:</u> Usual fetal and maternal assessment.  <b><u>PLEASE SCHEDULE YOUR NEXT 3 APPOINTMENTS AT 2-WEEK INTERVALS.</u></b></p>	<p><u>Weeks 32 with M.D.:</u> Usual size and growth, maternal weight, blood pressure, urine and general health status are evaluated  <b><u>If you have a C-Section scheduled, please make a pre-op exam for up to 7 days prior to your scheduled date.</u></b></p>	<p><u>Weeks 34 with Nurse Practitioner:</u> Usual fetal and maternal assessment. Labor &amp; delivery procedures, alternatives for labor management and any concerns, expectations, or wishes regarding labor and delivery are discussed.</p>
<p><u>Weeks 36-40 with M.D.:</u> Usual fetal and maternal assessments are performed <b><u>each week</u></b> until delivery. A test for vaginal Group B Strep si done at week 36. Pelvic exams may be performed as well at each subsequent visit. <b><u>AT 36 WEEKS, PLEASE MAKE ALL FUTURE WEEKLY APPOINTMENTS</u></b></p>		

Medical Arts Building  
825 Nicollet Mall, Suite 735  
Minneapolis, MN 55402  
FAX: 952-806-9741

Edina Location  
6565 France Ave South, Suite 200  
Edina, MN 55435  
FAX: 952-806-9741

**Centralized Switchboard and Scheduling: 952-806-0011**